

About the Food Trail

The Limestone Coast Region is full of Real Food Experiences just waiting to be discovered. Follow the Food Trail and you will find the best fresh produce and specialty artisan products that the region has to offer.

Few regions offer such diversity in their produce - and few are as successful. From the succulent seafood harvested from clear, cold waters, to some of the nation's best lamb, beef, wine and dairy products, the local reputation stretches worldwide.

The Limestone Coast is also home to a burgeoning boutique industry, with innovative individuals gaining widespread acclaim for foods as diverse as emu mettwurst and steaks, native preserves, and even pickled walnuts.

The Limestone Coast Wine Zone is Australia's pre-eminent producer of super premium wines and encompasses the wine regions of Coonawarra, Wrattontully, Mt Gambier, Robe, Mt Benson, Padthaway, Bordertown, and areas in between. Each wine region within the Limestone Coast has evolved from a unique combination of soils and climate and this has been matched with a driving passion to achieve viticultural and winemaking excellence, resulting in some of the world's best wines.

Following the Food Trail is easy...



(Stickers in Trail shop windows) (Farm Gate signs)

All Food Trail stops prominently display our distinctive sign at the gate or entrance, and you can find additional information on the diverse range of produce produced in the Limestone Coast Region from any of the local Visitor Information Centres.

Farmers' Markets

The concept of a Farmers' Market is not a new one. Farmers have bartered and sold goods as far back in history as agriculture itself. Today it is generally accepted by most Farmers' Markets that stall holders must have grown, bred, caught, pickled, brewed, smoked or baked the goods themselves.



The Farmers' Markets main emphasis is to help local producers and processors to sell their goods direct to the public, near the source of the origin, creating benefits to them, the environment and the local community.



Farmers' Markets (continued)

The selection of produce available at a Farmers' Market will vary with season and location, however the consumer is likely to be able to find a delicious selection of vegetables, fruit, meat, eggs, bread and cakes, jams, fruit juices and dairy produce and smallgoods.

Limestone Coast Food Farmers' Markets share with its producers and stakeholders a commitment to providing local and quality fresh produce of an affordable nature to the local community.

Our Farmers' Markets are held at various times through the year all over The Limestone Coast Region. A great range of local produce is always on display for tasting and sales. Come in and fill your baskets to overflowing with the freshest of the best produce. The fabulous smallgoods and indigenous meats and spices will excite the senses. Home baked goodies including Sausage Rolls and Pasties make a quick and easy Sunday Evening meal. If it's pure indulgence you are looking for, then our chocolates and delicious range of cakes are there just for you. The market is open from 10:00am right through until 1pm. Join in all the fun of the market and stock up on some "Real Food".



Third Edition



Limestone Coast - South Australia



About the Limestone Coast Food Group Inc.



The Limestone Coast Food Group Inc. is a group of proactive and enthusiastic people who are involved in food & wine related businesses in the Limestone Coast Region of South Australia.

The Limestone Coast Food Group Inc. promotes local food produce at various events throughout the region and South Australia, as well as interstate. It encourages local restaurants and caterers to use local product and to present a regional flavour in their menus.

Key Objectives of the Limestone Coast Food Group are:

- To encourage the use of local produce
- To improve the standard of produce and food service
- To develop and promote the products and experiences of the region
- To improve the viability and useability of food businesses
- To support the development of food business
- To promote the Limestone Coast region

The Limestone Coast Real Food Trail Project has been supported by



Farm Gate - Taste, Learn & Buy



Food Trail Participants under the Farm Gate - Taste, Learn & Buy category have their fresh and delicious primary produce available for visitors to taste and buy. Farm Gate outlets actively encourage tastings, and provide information about the product and its production methods in a style that will ensure a unique food experience.

Food Trail Retail Shop

Retail Food Trail Shops are retail shops that stock and promote Limestone Coast produce, and employ Staff that are knowledgeable about Limestone Coast Food products and their source.



Restaurants, Hotels, and Cafes/Bars

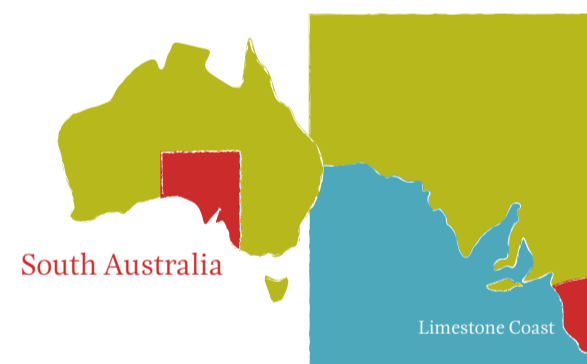


Food Trail participants in these categories provide dining on and around the Food Trail and are fully committed to show-casing the best Limestone Coast produce to their customers. Participants actively promote the best local produce, both fresh and processed, on their menus. Changing menus reflect the seasonal variety available in the Limestone Coast Region.

Cellar Doors

Food Trail Participants in this category provide tastings, education and promotion of wines made from grapes grown in the Limestone Coast Region. Staff are knowledgeable about the Limestone Coast Wine and Food Products and also the region.

Getting here



Melbourne Distances & Travel Times

	Km	Hours
Melbourne to Bordertown via Dukies Hwy	452	5:39
Melbourne to Naracoorte via Wimmera Hwy	443	5:32
Melbourne to Penola via Casterton & Glenelg Hwy	417	5:12
Melbourne to Mt Gambier via Glenelg Hwy	423	5:17
Melbourne to Mt Gambier via Princes Hwy	463	5:47

Inland Distances and Travel Times

	Adelaide	Tallem Bend	Keith	Bordertown	Naracoorte	Coonawarra	Penola	Mt Gambier
Adelaide		1:13	2:51	3:24	4:12	4:42	4:50	5:27
Tallem Bend	98		1:36	2:09	2:57	3:27	3:35	4:12
Keith	228	128		0:33	1:21	1:51	1:59	2:36
Bordertown	273	173	45		1:03	1:33	1:40	2:18
Naracoorte	337	237	109	84		0:30	0:37	1:15
Coonawarra	377	277	149	124	40		0:07	0:45
Penola	387	287	159	134	50	10		0:37
Mt Gambier	437	337	209	184	100	60	50	

Coastal Distances and Travel Times

	Adelaide	Tallem Bend	Meningie	Kingston S.E.	Robe	Beachport	Millicent	Mt Gambier	Port MacDonnell
Adelaide		1:13	1:52	3:40	4:11	4:45	5:00	5:36	5:57
Tallem Bend	98		0:39	2:27	2:57	3:31	3:46	4:23	4:44
Meningie	150	52		1:48	2:18	2:52	3:07	3:44	4:05
Kingston S.E.	294	196	144		0:30	1:04	1:19	1:56	2:17
Robe	335	237	185	41		0:33	0:57	1:34	1:55
Beachport	380	282	230	86	45		0:24	1:00	1:21
Millicent	400	302	250	106	77	32		0:36	0:57
Mt Gambier	449	351	299	155	126	81	49		0:21
Port MacDonnell	477	379	327	183	154	109	77	28	

LIMESTONE COAST VISITOR INFORMATION CENTRES

Accredited Visitor Information Centres

This sign identifies an Accredited Visitor Information Centre. They have undertaken a National Quality Improvement Program that focuses on the delivery of a quality information service to visitors. Trained staff and volunteers with extensive local and regional knowledge can assist you with advice in planning your visit in the Limestone Coast. Let the Accredited Visitor Information Centres of the region help you discover the Limestone Coast's Brilliant Blend.

BEACHPORT
Beachport Visitor Information Centre
Millicent Rd, Beachport SA 5280
Telephone: 08 8735 8029
Facsimile: 08 8735 8309

BORDERTOWN
Bordertown Visitor Information Centre
81 North Terrace, Tolmer Park
Bordertown SA 5268
Telephone: 08 8752 0700
Facsimile: 08 8752 0644

MILLICENT
Millicent Visitor Information Centre
1 Mount Gambier Road
Millicent SA 5280
Telephone: 08 8733 0904
Facsimile: 08 8733 3205

MOUNT GAMBIER
"The Lady Nelson"
Visitor & Discovery Centre
Jubilee Highway East
Mount Gambier SA 5290
Freecall: 1800 087 187
Telephone: 08 8724 9750
Facsimile: 08 8723 2833

NARACOORTE
Naracoorte Visitor Information Centre
36 MacDonnell Street
Naracoorte SA 5271
Freecall: 1800 244 421
Information Desk: 08 8762 1399
Facsimile: 08 8762 0745

NELSON
Nelson Visitor Information Centre/Parks Victoria
Leake Street, Nelson VIC 3292
Telephone: 08 8738 4051
Facsimile: 08 8738 4356

PENOLA AND COONAWARRA
Penola/Coonawarra Visitor Centre
27 Arthur Street, Penola SA 5277
Telephone: 08 8737 2855
Facsimile: 08 8737 2206

ROBE
Robe Visitor Information Centre
Mundy Terrace, Robe SA 5276
Telephone: 08 8768 2465
Facsimile: 08 8768 2863

Visitor Information Outlets

Outlets are identified by the international white on blue 'i' sign. These outlets can assist visitors with basic "local" information including maps, directions and general visitor information. These outlets are located within various businesses throughout the region. For more detailed information, we encourage visitors to contact or visit an Accredited Visitor Information Centre.

THE COORONG AND TINTINARA
Heart of the Parks
Becker Terrace, Tintinara SA 5255
Telephone: 08 8757 2220

KEITH
Keith Mobil Service Station
Cnr Dukies Highway and Riddoch Highway
Keith SA 5267
Telephone: 08 8755 1700

KINGSTON S.E.
Littles BP Roadhouse
1 Princes Highway
Kingston SE SA 5275
Telephone: 08 8767 2404

LUCINDALE AND AVENUE RANGE
Lucindale Office
34 Murgrave Avenue
Lucindale SA 5272
Telephone: 08 8766 2002
Facsimile: 08 8766 2001

MENINGIE
Meningie Visitor Information Outlet
Coorong Cottage Industries
14 Princes Highway
Meningie SA 5264
Telephone: 08 8575 1770
Facsimile: 08 8575 1770

PORT MACDONNELL
Port MacDonnell Visitor Information Outlet
5-7 Charles Street
Port MacDonnell SA 5291
Telephone: 08 8738 2380
Facsimile: 08 8738 2049

TAILEM BEND
Tailem Bend Visitor Information Outlet
Tailem Bend Railway Station
Tailem Bend SA 5260
Telephone: 08 8572 4277
Facsimile: 08 8572 4277

Part of the Limestone Coast
FREECALL 1800 087 087
www.thelimestonecoast.com



Limestone Coast Food Group Inc.
27 Arthur Street, Penola, SA 5277
info@limestonecoastfood.com.au

www.limestonecoastfood.com.au

Disclaimer: Every effort has been made to ensure that the information presented in this brochure is accurate at time of printing. Information has been provided by each party. The Limestone Coast Food Group Inc. accepts no liability for any matters arising from variations of the descriptions.

Compiled by the Limestone Coast Food Group Inc.
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Artisan Producers



Artisan Producers have identified a niche market and create a deliciously unique food product that is wholly made in the Limestone Coast Region. Limestone Coast Artisan Producers are producers of foods made with high-quality ingredients, in small batches, with a great deal of personal attention.

BECKONBEES HONEY
PO Box 100, Beachport SA 5280 Ph: 08 8735 2060 Mob: 0417 845 879
Email: wundae@bigpond.com
Pure Australian Honey, Honeycomb in Honey, Specialty Creamed Honey, Beeswax, Handmade Honey Soaps, Handmade Gao's Milk & Honey Soaps, Handmade Beeswax Lip Balm, Handmade Beeswax & Honey Lip Balms, Beeswax & Honey Hand & Body Balms, Beeswax Furniture Polish - No additives & chemical free. Beckonbees Products available from:
Mt Gambier: Yoey's Fine Foods, Margaret Street Meats. **Robe:** Robe Butchers, Governor Robe. **Beachport:** Information Centre, IGA Supermarket, **Millicent:** Information Centre, IGA Supermarket, Foster's Foodland, Ant's Red Gum Gallery, MWOC Bedford Industries. **Naracoorte:** The Veg Shed. **Penola:** Information Centre, IGA Supermarket. Look for these locations on this Limestone Coast Real Food Trail Map. Available at Farmers Markets

DICKINS' DELIGHTS
13 Tenison Drive, Mount Gambier SA 5290
Ph: 08 87249547 Mob: 0407723242
At Dickins' Delights we pride ourselves on producing the finest quality toffee. Using only the best ingredients, we carefully follow a time honoured recipe to hand produce 'melt in your mouth' butter toffee. Lightly roasted South Australian grown almonds or farm fresh macadamia nuts are carefully folded through our toffee, coated in either a luscious dark or a velvety milk chocolate and dusted with ground almonds to produce our treat. Don't just believe what we say; ask anyone who has experienced our toffee. Available thought out the limestone Coast at: **Keith:** Henry and Rose. **Bordertown:** Café La Vie. **Naracoorte:** The Veg Shed, Sweet Espresso, Night's Snack Bar, Sketches on Ormerod. **Kingston:** Dewberry Cottage, Mt Benson - Wangolina Station. **Robe:** Governor Robe. **Penola:** Toffee and Treat, Koonara, IGA Fresh, Wynn's, Patrick Wines. **Mount Gambier:** She's Apples, Molten, Yoey's, Engelbrecht Cave, Bella Fine Foods, Lady Nelson Visitor Centre, Floral Edge.

Artisan Producers (continued)

GREEN FARMHOUSE
Princes Highway, Furner (between Kingston & Millicent)
Ph: 08 8735 2043 www.greenfarmhouse.com
Open: By Appointment - please phone 08 8735 2043
Green Farmhouse produces unique Australian Native Seasonings & Flavoured Salts. We use wattleseed, native pepper, lemon myrtle, bush tomatoes & other indigenous foods. Available at Farmers Markets

SWEET BUSINESS, UNIQUE CHOCOLATE BARS
PO Box 1018, Mt. Gambier, SA 5280 Ph/Fax: 08 87389291 Mob: 0407851422
Email: sweetbusiness@bigpond.com www.sweetbusiness.com.au
Chocolate bars infused with regional foods, from wattle seed, lemon myrtle, native pepper-berries, to locally ground coffee beans, macadamia and more. With spectacular graphic design wrappers they are available in single bars and three bar gift packs with our "Bush Foods Collection", and "Dark Delights" packs. Products available from: **Mt Gambier:** Yoey's Fine Foods, The Lady Nelson Visitor Information Centre, Englebrecht Caves shop. **Beachport:** Blu Pod, at the Jetty Café. Look for these locations on this Limestone Coast Real Food Trail Map. Available at Farmers Markets, online at www.sweetbusiness.com.au, with phone or fax orders welcome.



Farm Gate – Taste, Learn & Buy

AITKEN’S CHERRIES

Kalangadoo House Road, Kalangadoo, SA 5278 Ph: 08 8739 3060

Email: aitkens_cherries@bigpond.com

Open: 24th December – mid January, depending on season. 9:30am – 5pm.

Closed Christmas Day and Boxing Day.

Production of premium cherries with emphasis on excellence through natural production systems. Supplying niche local and domestic markets.

Available from selected supermarkets, deli’s and markets throughout the region. Farm gate prices according to size and quality.

Orchard tours available for large groups, by appointment only.

AVENUE EMUS

Thomas Road, Avenue Range, SA 5273 Ph: 08 8766 0085

Email: info@avenueemus.com.au www.avenueemus.com.au

Open: September to March, Thursday to Monday 10am to 4pm.

(Other times by appointment)

There is more to Emus than ‘meats’ the eye. Experience the exquisite flavour of farm bred emu meat. Steaks, smoked emu and smallgoods. Low fat, not ‘gamey’. Full range of other emu products also available including Pure Emu Oil and a growing range of emu oil based cosmetics. While you are here, tour the emu enclosure and growing facilities, hand feed an emu. Great experience for all ages.

COORONG WILD SEAFOOD PTY LTD

Lot 10 Yumali Road, Meringie, SA 5264 Ph: 08 8575 1489 Mobile: 0427 604 047

www.coorongwildseafood.com.au

Open: Door Sales when open. Tours by prior arrangement - please ring.

Seafood processing specialising in Coorong Mullet, Mulloway, Pipis and other Lakes and Coorong species. Fishing and processing factory tours and retail sales. Tours can be tailored to suit small or large groups, including sales and tastings. Phone bookings essential.

MAYURA STATION

1 Mayura Road, Millicent, SA Ph: 08 8733 4333 Mob: 0427 284 775

www.mayurastation.com

Open: Bookings by appointment.

Mayura Station is a national award winning boutique beef producer specialising in 100% Full-blood Wagyu beef. Mayura Station has made an exemplary commitment to ensuring that the ancestry, bloodlines and pedigree of its Japanese Wagyu herd are a major distinguishing factor from other industry players. Characterised by high levels of intra-muscular fat called marbling, our beef has a rich buttery flavour, a silky texture all with incredible depth lingering on your palate long after you have finished your mouthful. To experience our unique produce call for an appointment at The Tasting Room.

SANDY GROVE

Pinks Beach Road, PO Box 27, Kingston, SA 5275

Tel/Fax: 08 8767 2722 Mob: 0417 841 770 Email: sandygrove@rbm.com.au

Open: 7 days December, January, February and all school holidays 9:30-4:00pm. Other months open Friday, Saturday, Sunday, Monday 9:30am-4:00pm. Tuesday Wednesday, Thursday, by appointment. Buses welcome by appointment. Closed Christmas Day and the month of August.

Sandy Grove proudly boasts homemade farm produce combining both native and traditional foods. We produce jams, chutney, relish, sauce, olives and olive oil. All products are gluten and preservative free. Guided and informative farm walks are free of charge. Relaxed alfresco in a rural setting, light lunches available, espresso coffee, muntrie scones, cheese cake, muffins and muntrie ice-cream. We grow strawberries, raspberries, muntries, blackberries and olives. Onsite shop and free tastings available. We supply wholesale, retail and gourmet outlets.

TOBALONG TOMATOES

3151A Jervois Rd, Murray Bridge, SA 5253 Tel/Fax: (08) 8532 4749

Mob: 0408 810 344 Email: gjcoventry@bigpond.com www.tobalongtomatoes.com

Opening Hours: open by appointment for farm door sales and farm tours. Tobalong Tomatoes produce the finest gourmet cherry tomatoes. The fruit is vine ripened and develops an intense sweet flavour from the rich organic flats of the River Murray. Tobalong Tomatoes also sell their farm-grown basil, shallots, and Bishop Apple Cucumbers.

Retail Shops

DJ & CA MEEK BUTCHERS

66 Church Street, Penola, SA 5277 Ph/Fax: 08 8737 2330

Open: Mon – Fri 8.00am – 5.30pm Sat 8.00am – 12.00 noon.

Retail and wholesale butchering and gourmet meats. Red gum smoked bacon, hams and kranskys made on site. Retailing a variety of locally made condiments, weber roasting catering available. Available at Farmers Markets

MAHALIA COFFEE

2 Flint Street, Robe, SA 5276 Ph 08 8768 2778 Fax: 08 8768 2413

Email: mahalia@mahaliacoffee.com.au www.mahaliacoffee.com.au

Open: Monday to Saturday: 10am - 5pm.

Mahalia Coffee is an epicurean roasting house. The core philosophies of Mahalia Coffee are the pursuit of perfection and variety in aroma through the natural intrinsic flavours of coffee. Every single estate coffee we roast is chosen for their own integral flavour qualities and is sourced from the entire global coffee farm ranging from Fair Trade, Rainforest Alliance, Organic, to Swiss Water method, or none of the above. Drop in and have a coffee, something sweet, or browse our home wares where our friendly staff will happily look after you.

MUNDULLA GENERAL STORE

3 Kennedy Street, Mundulla, SA 5270 Tel: 08 8753 4122 Fax: 08 8753 4020

Email: mundullastore@activ8.net.au

Opening hours: daily from 6.30am – 6pm.

A delicious array of produce straight from my country kitchen in the heart of the Tatiara. Superb chilli jam and wonderful preserved lemons are just two of my very favourite recipes designed to tempt your palate. Pop in and see us at the Mundulla General Store.

Retail and Food Service enquiries to: Megan Davies 8753 4122

THE PURPLE PADDOCK

Hender Street, Keith, SA 5267 Tel: 0437 241 402

Opening Hours: Mon – Fri: 9.30am – 4.30pm, Sat: 9.00am – 12.00 noon,

Sun: 10.00am – 1.00pm.

An inspiring community run shop, renowned for its yummy home baked goodies and local produce including biscuits, cake, slices, jams, pickles and sauces. Also fresh vegetables and herbs. A fabulous feel good shop giving everyone a chance to take home some quality tasty treats. Also stockists of other popular Limestone Coast food products and an extensive range of unique speciality gifts, clothing and craft items.

SHELTON BUTCHERS

215 Commercial Street West, Mount Gambier, SA 5290

Ph: 08 8725 3424 Fax: 08 8725 8485

Open: Mon – Fri 8.30am – 5.30pm Sat 7.30am – 12.30pm.

Local country beef and lamb products. When visiting the Limestone Coast region our oven ready & BBQ products cover a range of easy meal solutions. Gourmet products ranging from Smoked Hams to speciality sausages and more.

SKY SEAFOODS

58 Robe Street, Robe, SA 5276 Phone: 08 8768 2899 Email:skysea@seol.net.au

Freshly cooked lobster straight from the mornings catch (Oct-Jun) or frozen (all year).

Other assorted fresh fish and octopus also available, direct from our factory door for your enjoyment.

THE VEG SHED

4/44 Robertson Street, Naracoorte, SA 5271 Ph: 08 8762 2111 Fax: 08 8762 2411

Email: kestersapples@bigpond.com

Open: Mon to Fri 8.30am – 6pm. Sat : 8.30am – 12.30pm:

Closed Sunday & Public Holidays.

Retailer and Wholesaler of fruit and vegetables. Stocking a huge range of locally produced products including : Apples (when in season), Olive Oils & Olives, Cheese, Honey, Juice, Toffee, Van Leuven Sour Dough Bread, Mahalia Coffee, Almonds, Mettwurst, Condiments, Preserves & Seasonings. Many of the fresh produce and speciality product lines listed in the Food Trail.

YOEY’S TRADITIONAL FINE FOODS

32 James Street, Mount Gambier, SA 5290 Ph: 08 8725 7710

Open: Mon, Tues, Wed & Fri – 8.30 - 5.30pm.

Thurs: 8.30 - 6.30pm, Saturdays: 8.30 - 1.30pm.

Retailing cheese, continental meals and gourmet groceries lines. Stockists of local Limestone Coast produce. Dine in or Take away Mahalia coffee. On Mon - Fri we have light lunches and gourmet sandwiches, cakes and slices.

Restaurants, Hotels, and Cafes/Bars

AERO ESPRESSO

Mount Gambier Airport Terminal, Mount Gambier, SA 5290 Ph: 08 8725 6595

Email: aereo@justgreatcoffee.com.au web: www.justgreatcoffee.com.au

Opening hours: From 5:30am weekdays Saturday Mornings and Sunday afternoons (around flight schedules).

Aero Espresso at the Mount Gambier Airport provides light meals, snacks, morning and afternoon teas along with our signature "Just Great Coffee". Open daily so you can grab a great coffee and something to eat before your flight, celebrate a homecoming, or farewell family and friends in a relaxing atmosphere.

Aero Espresso – Just Great Coffee (and more!)

BELLUM HOTEL

Ph: 08 8738 5269 www.bellumhotel.com.au

Open: 7 days a week. Lunch 12pm to 2pm, Dinner 6pm to 8pm.

The Bellum Hotel has the picturesque and dormant volcano, Mount Schank, as its backdrop, and is surrounded by lush farmland. Renowned for award winning food, modern accommodation and great atmosphere. The licensees and hosts are Simon Livingstone and wife Lisa Edwards; the great, great, great granddaughter of the man who originally built the hotel, and who became the first licensee way back in 1866. The Bellum Hotel has won many state awards, including AHA SA Best Casual Family Dining in 2008, AHA SA Best Pub Burger in 2009 and ‘Best SA Pub’ in the 2009 Lifestyle Channel ‘I love food’ Awards.

CHARDONNAY LODGE

Riddoch Highway, Coonawarra, SA 5263 Ph: 08 8736 3309

www.chardonnaylodge.com.au

Open: Open for Dinner 7 days a week from 6.30pm (Reception open 7am-11pm).

Located in the heart of Coonawarra vineyards, our restaurant features the very best Limestone Coast regional cuisine complemented by only the finest Coonawarra wines. Perfect for a romantic dinner for two or group functions, conferences and weddings. Accommodation available.

diVine CAFÉ & GOURMET DELICATESSEN

39 Church Street, Penola, SA, 5277 Ph: 08 8737 2122

Email: divinecafe@bigpond.com

Open: 7 Days 9am – 5pm.

di Vine Café & Gourmet Delicatessen: serving Mahalia Coffee, frappes, iced coffees & chocolates; freshly squeezed juices & smoothies; delicious food utilising local produce; all day breakfasts, freshly baked cakes & biscuits; as well as specialising in gluten & wheat free products & a retail outlet for fantastic Limestone Coast and SA produce.

ENGELBRECHT’S CAVE - CAFÉ - ENOTECA

26 Chute Street, Mount Gambier, SA 5290 Ph: 08 8723 5552

Open: 7 days from 8:30am. Cave tours start at 9:00am and run on the hour every hour, please call for tour times as opening hours are seasonal.

Visit one of the most unique locations in the Limestone Coast.

Cave: Embark on our 45-60 minute cave tour where you explore an excellent example of the famous water filled caves of the region. The cave has two caverns leading off the main viewing area, one of which extends under Jubilee Highway and which show the geological characteristics of limestone cave formation and the changes in underground water levels. Tours available daily. Fee applies.

Café: Alfresco setting, serving fair trade organic Mahalia coffee, hot chocolates, organic apple juice and spirulina shakes. Delicious freshly made sandwiches utilising local produce, scrumptious cakes and other treats.

Enoteca: Retail outlet, showcasing a range of Limestone Coast Real Food Artisan products, which you can enjoy in the café or take with you on your next adventure.

HENRY & ROSE

15 Heritage St, Keith, SA 5267 Phone/Fax: 08 8755 106,

Email: henryandrose@aussieb.com.au www.henryandrose.com.au

Open 7 days.

Henry & Rose Restaurant is fully licensed offering alfresco or indoor dining. Choose from our a la carte menu boasting fresh, seasonal and flavoursome food. Enjoy our famous, ‘Build your Breakfast’ any time of the day or relax with friends and enjoy the best Mahalia coffee, T bar tea or old style iced coffee. Our sumptuous selection of desserts and sweet treats are all made in house, with gluten free options available.

LAKES RESORT MOUNT GAMBIER

17 Lakes Terrace West, Mount Gambier, SA 5290 Ph: 08 8725 5755

Email: lakesresort@bigpond.com.au www.lakesresort.com.au

Restaurant Open 7 days – Breakfast 7-9am, Dinner 6-8.30pm.

The Lakes Resort is situated on the northern side of the Valley Lake and overlooks the city of Mount Gambier. Our 120 seat restaurant is open for dinner 7 days a week. Our chef utilizes Limestone Coast Regional Produce and products where ever possible. We offer 40 rooms for accommodation – comprising standard to Executive Spa Suites. The Lakes Resort have availability of a Function Room, Conference Rooms, Gymnasium, Swimming Pool and Spa.

PIPERS OF PENOLA

58 Riddoch Street, Penola, SA 5277 Ph: 08 8737 3999

www.pipersofpenola.com.au

Open for Dinner: From 6pm Tuesday to Saturday, and Sundays of long weekends.

Closed Sunday and Monday.

Award Winning Regional A la Carte restaurant.

SAGE & MUNTRIES CAFÉ RESTAURANT

78 Commercial Street West, Mount Gambier, SA 5290 Ph: 08 8724 8400

Email: food@sagemuntriescafe.com

Open: Mon – Fri: 10am – 3pm and 5pm til late. Sat 11am-2pm and 6pm til late.

Closed Sundays and Public Holidays.

Utilising the best in regional produce & local wines. Supporting local producers wherever possible to reduce our carbon footprint.

UPSTAIRS AT HOLLICK - RIDDOCK WINES

Cnr Ravenswood Lane & Riddoch Hwy, Coonawarra, SA 5263

Ph: 08 8737 2752 www.hollick.com

Open: Lunch Tuesday - Sunday from 12.00pm. Dinner Friday and Saturday from 6:30pm. Open for lunch Public and School Holiday Mondays. Closed Christmas Day & Good Friday.

At Upstairs at Hollick, part of the Hollick Wines complex, visitors to Coonawarra can enjoy modern Australian cuisine with an emphasis on local produce. Local produce is available for sale in the Cellar Door.

Cellar Doors

ALDERSEY VINEYARD

Emu Springs Road, Tintinara, SA 5266 Ph: 08 8757 2027 Email: ckaldersey.on.net

Open: By Appointment.

A small winery run by the Aldersey Family. Hand picking the grapes is organized by the Tintinara Action Club, who are helped by the local football and golf clubs. Winemaker Phil Christiansen makes our Shiraz and Cab Sauv/Merlot and Peter Dennis makes the white Unwooded Semillon/Chardonnay/Riesling blend.

BLOK ESTATE COONAWARRA

Riddoch Highway, Coonawarra, SA 5263 Ph: 08 8737 2734 Mob: 0412 099 392

Email: enquiries@blok.com.au

A boutique family owned cellar door and pantry offering homemade jams (specialy being cabernet jam made from the grapes each vintage), chutney’s, regional cheeses, honey, scones, soups and more as availability/seasonality permits.

BOWEN ESTATE

Riddoch Highway, Coonawarra, SA 5263 Ph: 08 8737 2229 Fax: 08 8737 2173

Email: bowen@bownestate.com.au www.bowenestate.com.au

Open: 10am – 5pm daily.

A family owned and operated winery established in 1972 on prime Terra Rossa soil. Bowen Estate wine consistently reflects the true characteristics of Coonawarra. Bowen Estate Cabernet Sauvignon, Shiraz, and Chardonnay show the hallmark of the winemaking and viticultural skills of Doug and Emma Bowen that have become ‘Classic Coonawarra’ benchmarks.

BRAND’S LAIRA COONAWARRA

Riddoch Highway, Coonawarra, SA 5263 Ph: 08 8736 3260 Fax: 08 8736 3208

Email: brandscellardoor@mcwilliamswines.com.au

www.mcwilliamswinesgroup.com

Open: 9:00am - 4:30pm Monday – Friday: 10.00am – 4.00pm Weekends / Public

Holidays. Closed Christmas Day, New Years Day & Good Friday.

The legend of the Brand’s Laira Vineyard dates back to 1983. It was the year that Captain Steniford an English sea captain took up a 28 hectare vineyard in the heart of the legendary Terra Rossa strip of Coonawarra. This vineyard was part of the original Coonawarra fruit colony established by John Riddoch. Steniford named the property ‘Laira’ after an old square rigged ship trading around the coasts of Australia and New Zealand. The property was acquired in 1964 by Eric Brand and his wife Nancy. In 1966 Eric and his family established their winery becoming the first small winemaker in Coonawarra. Brand’s Laira Coonawarra continues the traditions of the past by producing premium quality award winning wines from Australia’s most recognised wine region.

CAPE JAFFA WINES

Riddoch Coast Road, Cape Jaffa, SA 5275 Ph: 08 8768 5053

www.capejaffawines.com.au

Open: Monday - Friday 10am – 5pm, Sat - Sun 11am - 4pm – Closed Christmas day & Good Friday.

Cape Jaffa Wines is home to the Limestone Coast’s first fully certified biodynamic vineyards. Its cellar door is open seven days a week from 10am to 5pm and carries a range of biodynamic wines and olive oil for tasting and purchase, as well as local cheese and almond sales. 2010 SA Tourism Awards Medal recipient winner 2010 Advantage SA Awards - Sustainability.

DIGIORGIO FAMILY WINES

Riddoch Highway Coonawarra, SA 5263 Ph: 08 8736 3222 www.digiorgio.com.au

Open: 7 Days 10am – 5pm excluding Christmas and Good Friday.

A family owned winery right in the heart of Coonawarra. Call into our cellar door to taste estate grown premium wines whilst enjoying cheese and olive oil tasting.

GOVERNOR ROBE

18 Victoria Street, Robe, SA 5276 Ph: 08 87682930 www.governorrobe.com.au

Open: 7 days 10am – 4pm.

Governor Robe is a Cellar Door with a difference! Situated right in the heart of Robe - Governor Robe is open for tastings & sales of their award winning fine wines, and is also a regional gourmet food outlet showcasing an extensive range of regional produce including: Olives, Oils, Chocolates, Honey, Honeycomb, Bushfoods, Seasoning & Salts, Jams & Chutneys, Cheese, Mettwurst, Juices and more.

HENRY’S DRIVE VIGNERONS

Hodgson’s Road, Padthaway, SA 5271 Tel: 08 8765 5251 Fax: 08 8765 5180

Email: mail@henrysdrive.com www.henrysdrive.com

Opening Hours: 10am – 4pm - 7 days.

Closed Christmas Day, New Years Day & Good Friday.

Named after the proprietor of the 19th century mail coach service which once ran through their property, Henry’s Drive Vignerons is the wine operation established by Kim Longbottom and her late husband Mark. Today, Kim continues to build the business in honour of Mark; with fine winemaking and brands such as Henry’s Drive, Parson’s Flat, The Trial of John Montford, Dead Letter Office, Pillar Box, Morse Code, The Postmistress & The Scarlet Letter. These wines are testament to Kim and Mark’s dedication to crafting fine wines from Padthaway, one of Australia’s great wine growing regions.

HIGHBANK

Riddoch Highway, Coonawarra, SA 5263 Ph: 08 8737 2020

Email: winemaker@highbank.com.au www.highbank.com.au

Open: Winery by appointment - Freecall: 1800 653 311 or 0427 653 311

Accommodation available - Freecall: 1800 653 311.

Artisan wine producer right in the heart of Coonawarra. Highbank is a family run organic vineyards of more than 20+ years that is internationally known for producing super premium wines. Accommodation includes three romantic retreats where you can get away from it all either in winter with a log fire or all year with a two person spa to relax and immerse yourself in the picturesque surrounding and unique wines that make Highbank so special.

HOLLICK WINES

Cnr Ravenswood Lane & Riddoch Hwy, Coonawarra, SA 5263

Ph: 08 8737 2318 www.hollick.com

Open: 7 days a week 9am – 5pm.

Closed Christmas Day, limited hours Good Friday.

At the Hollick Wines complex, visitors can enjoy a leisurely wine tasting or dine at the acclaimed restaurant, Upstairs at Hollick. The cellar door facility incorporates sales of Hollick Wines and a variety of local produce.

Grid G10

